

THE WHISPERING SOUL

May 2011

True Wealth

“True wealth is not defined by how much we have but rather by how little we need.”

Too much of the world’s wealth is defined by what we gather. We want the big house or just another house, lots of money or more money, lots of clothes or different clothes, lots of status or some status, lots of lots of. All of this is done in the search for happiness.

But this is never achieved because there is always something better, someone wealthier, some bigger house. And so we keep trying to gather wealth. Instead we should look to the internal self for our truest wealth. When we find our true self we begin to realize that we need very little. We become defined by who we are and not what we have.



Raised Consciousness

There is a lot of talk about what lies ahead for us over the next few years. The 20th of December 2012 is said to be the turning point for us - a time when we will see a marked shift in consciousness. We are already seeing many changes at a physical level on earth. Many more earthquakes, volcanoes, floods and a greater polarity between ego and heart. And it is said that going forth we will experience massive shifts on earth until 2015 with a marked tilt of the earth’s axis. The recent earthquake in Japan is said to have resulted in a slight tilt of the earth’s axis.

The ego aspects of the world are refusing to accept this change and plunder forth while the heart aspects move in the opposite direction trying to nurture, preserve and shelter what exists. And so the shifts will come on a more profound and greater scale.

So what lies ahead? One thing is for certain - when we have had devastation in the world before, ego disappeared for a while and the playing fields were leveled. We just have to look back to the Great Depression. People started to support each other again as a community. And perhaps this is what we need to learn again.

If the playing fields are leveled and all we have are each other perhaps we will learn that all we ever had was each other.

So please work at raising your consciousness. Nothing that we have materially will mean anything if we have a collapse in the systems that run our world. In fact regardless of collapse nothing materially means anything anyway. All that counts is loving ourselves so that we can truly love each other and our beautiful planet.



Tee Hee

On the first day of college, the Dean addressed the students:

"The female dormitory is out-of-bounds for all male students, and the male dormitory to the female students. Anybody caught breaking this rule will be fined R 20 the first time. The second time you will be fined R 60. A third time will cost you a fine of R 180. Are there any questions?"

A male student inquired, "How much for a season pass?"

**When the last bee's light goes out,
mankind will have only 4 years to
live.**

A Sobering Fact

The statement above should make us think seriously about how important nature is to us. And the next time we think of destroying anything it should be done with this kind of fact in mind.

It is no longer good enough to poo poo what the environmentalists have been telling us for years. It is time for all of us to stand together and honour what we have been given as resources on earth and in our own physical make up.

By taking care of ourselves we learn to take care of everything around us and vice versa. And that means amongst other things eating better, exercising more, laughing more, resting more and above all else serving more.

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Did you know?

**Banging your head against a wall uses 150
calories an hour
(who worked that out?)**

**The flea can jump 350 times its body
length. That's like a human being
jumping the length of a football field.**

Until Next Time

While this edition addresses some serious challenges we face it by no means should stop us from having fun and being excited about what lies ahead.

So make every day special by giving someone a smile or simply saying hello starting with yourself in the morning when looking in the mirror.

J