

THE WHISPERING SOUL

January 2010

In the Beginning.



Sunrise in Durban

Welcome to the first Whispering Soul! These newsletters aim to provide you with tools to manifest joy, peace and love in all moments of life, no matter how “good” or “bad”.

Hooray for making it to 2010! This year is certain to bring us challenges and smiles - we call it LIFE. So here goes.... Have fun and remember that it is our choice to approach life as we wish. We can choose to be victims or victors. What do you choose?

The School Of Unconditional Love?

SOUL aims to be a beacon of love and light for humanity with a vision to be in every home in some way worldwide be this in print or DVD form musically or spoken. How do we do this? Certainly not alone and probably not in a huge hurry!

One step at a time is the mantra. We are playing our part in whatever way in lifting the consciousness of humanity by teaching

people to love who they are by firstly understanding who they are and, secondly, accepting themselves and the unique gift that each and everyone of us has. And this is a gift that is to be given unconditionally. And why? We have walked far enough away from our true selves in the direction of EGO for too long now.

Besides the once-off Inspirational talks, we have introduced a number of courses and Transformational teachings and are adding to this as we speak - excuse the pun. Please see the last column for the info on this.

Patrick is also Business Consulting with a very holistic approach. He works with companies in their day to day functionality and with the owners and staff in their personal growth and development using the 12 Stage SOUL courses. Patrick also works with individuals who he puts together in groups to engage in the courses designed.

*Prayer is when we ask and thank,
meditation is when we listen.*

Meditation

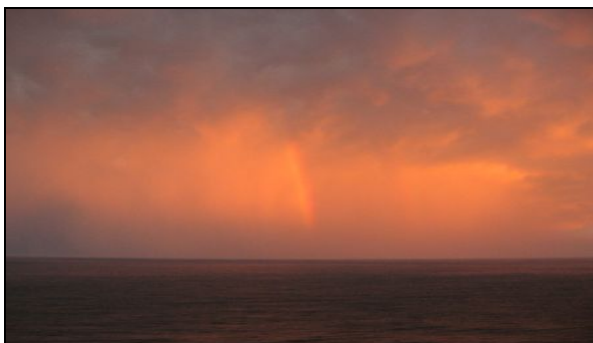
How often do we really listen to what we are being “told.” We are given signs everyday and our intuition begs us to listen. Usually our heads are so full of mindless and random drivel or what we call thoughts, that we cannot hear our own hearts and intuition speaking.

The practice of meditation teaches us to tune into our true nature in which we are mindful or free of random thought or more importantly free of becoming attached to the random thoughts that we have. It is a state of living in the moment or in the present. Our wish is for the world to engage in meditation. There are many forms of this practice which we teach about in the SOUL courses. One form of meditation is action with focus. In anything that we do that we are focused on and therefore have no random thought and are completely present in, we are meditative.

Money is Just Energy

Join Patrick in 2 mornings of interactive teaching and learning about the concept of money being energy and how to attract abundance in our lives. It all starts with knowing ourselves, having an abundance consciousness and matching our values with our dreams. There will always be enough for everyone but most of us cannot accept this and so we try to control the “enoughness.” And as with any energy, when we create unnatural pressure we strangle our flow of abundance.

In this course we also look at the practical aspects for money like when is debt good, how do I manage my assets to create passive income and so on. . . So the course stimulates both left and right brain. It is called “MONEY: MY MASTER OR MY SERVANT?”



An Electrical Storm over Durban

Observations of Nature & Man

Have you ever seen a male weaver building a nest with such commitment,

perseverance, and dedication only to be “told”: “hey mate the kitchen cupboards are the wrong colour - start again.” And he does, with the same commitment. Nature shows us all the time how to live unconditionally and selflessly.

Laugh a Little

Where do cows go for entertainment?
The M00000000000Ovies.

Until Next Time . . .

Our Soul whispers messages to us all day. All we have to do is learn to listen. Please let people know about our work and forward this on. If anyone wants to be on the mailing list please e-mail pat@soulmusic.co.za



Sunset in Cape Town

Next Courses for Individuals

1. Money: My Master or My Servant?
30 January 2010 - cost R 250 per person per session - 2 Sessions.
2. Discover Your Genius - 4 Sessions
 - 6th February - Session 1
 - 20th February - Session 2
 - 27th February - Session 3
 - 13th March - Session 4.
 Cost R 250 per session per person or R 900 upfront for all 4.

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For any Corporate requirements please contact us. We can structure our Teachings around your needs.